

The Single Experience  
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Whether never married, divorced or widowed, in this session will look at different aspects and issues involved in the single-adult life experience including how to develop and manage a varied and full social life as well as reduce the vulnerabilities of single living. We will also explore opportunities for spiritual development and use of spiritual gifts.

Social and work skills and spiritual gifts are not granted on the day people marry, nor are they taken away at the cemetery or in the divorce court.

The church was established by a never-married single, Jesus. The Apostle Paul, a principal evangelist in bringing Christianity to Europe, was single, and most likely previously married.

How to develop a full social life.

- ◆ Become a social initiator, not a responder.
- ◆ Plan and *schedule* relationships with family, church members, co-workers, and parents of other children (if you have kids). Include both male and female friends.

How to reduce the vulnerability of living alone.

- ◆ Plan support for sick days for yourself, sick days for children, household breakdown/repairs, transportation problems

Spiritual growth and leadership

- ◆ Identify Gifts
- ◆ Identify motivational and relational needs
- ◆ Explore, experiment, and commit to a specific amount and time of service in spiritual community